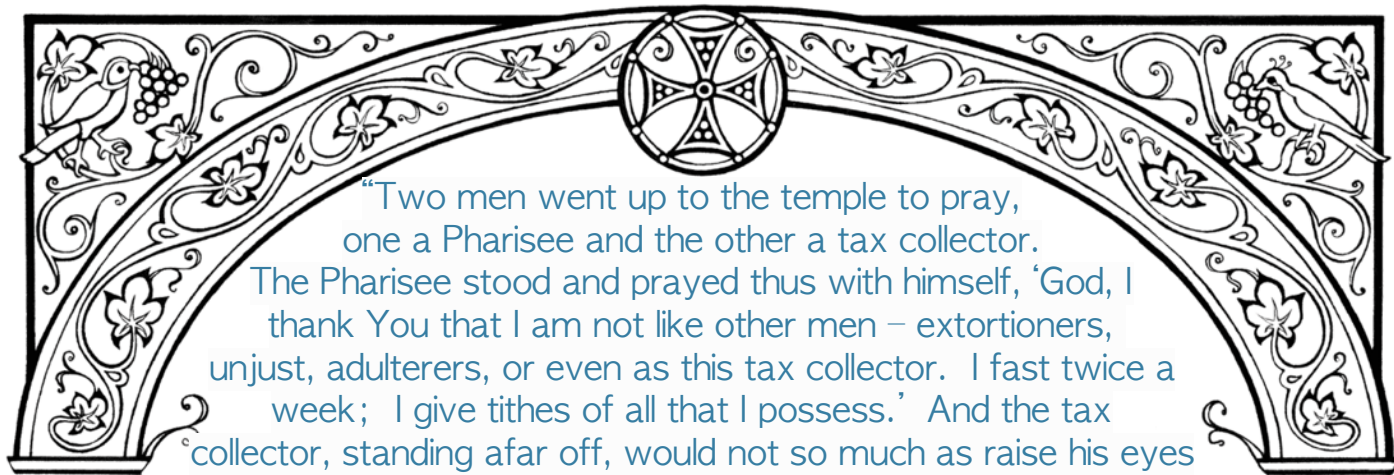


The Lenten Triodion is the period before Lent which is a time of preparation of the heart for the great Fast. Each week teaches us a lesson for the heart.





"Two men went up to the temple to pray,
one a Pharisee and the other a tax collector.
The Pharisee stood and prayed thus with himself, 'God, I
thank You that I am not like other men – extortioners,
unjust, adulterers, or even as this tax collector. I fast twice a
week; I give tithes of all that I possess.' And the tax
collector, standing afar off, would not so much as raise his eyes
to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this
man went down to his house justified rather than the other; for everyone who exalts
himself will be humbled, and he who humbles himself will be exalted."
(Luke 18:10-14)

Two men went up to the
temple to pray, one a
Pharisee and the other a
tax collector. The

Pharisee stood and prayed

thus with himself, "God, I

thank you that I am not

like other men, extortioners,

unjust, adulterers, or even

as this tax collector. I fast

twice a week; I give tithes

of all that I possess." And

the tax collector standing

afar off, would not so much

as raise his eyes to heaven,

but beat his breast saying,

⁶⁶ "God be merciful to me, a

sinner!" ⁹⁹ I tell you this

man went down to his

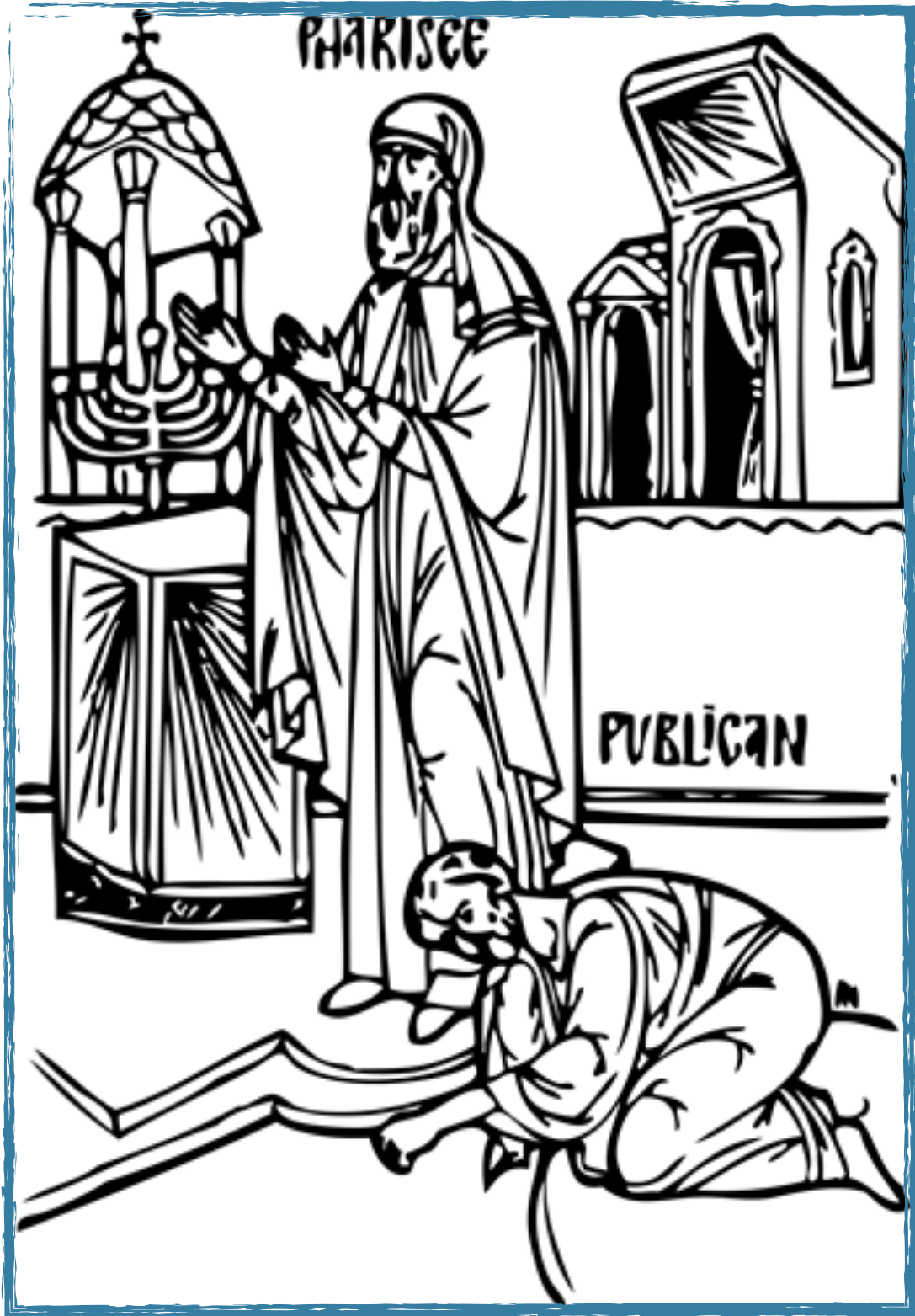
house justified, rather than

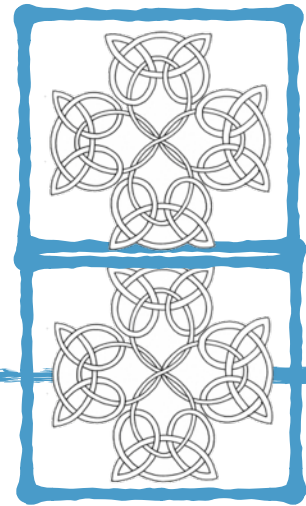
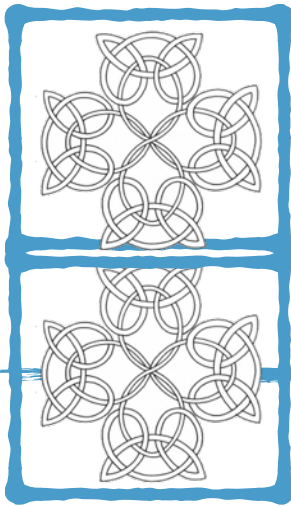
the other: for everyone who

exalts himself will be

humbled, and he who hum-

bles himself will be exalted.





Let us flee from the pride of the Pharisee!
And learn humility from the Publican's tears!
Let us cry to our Savior,
have mercy on us, only merciful One!
Kontakion - Tone 4 (oca.org)

Let us flee from the pride

of the Pharisee! And learn

humility from the

Publican's tears! Let us

cry to our Savior, have

mercy on us, only

merciful One!